

## **Dinner List**

Boneless skinless chicken breasts  
Bag of mini peppers  
Pineapple  
Zucchini red onion

Package of lean ground beef  
Bottle of bbq sauce  
Green beans

Ground chicken  
Caesar salad dressing  
Parmesan  
Buns

Pita  
Pasta sauce  
Mozzarella cheese  
Pepperoni  
Peppers and mushrooms

Pacifica tomato soup  
Package of cheese tortellini

Ground beef  
Mint and parsley  
onion  
Palin yogurt  
Lemon  
Pita bread  
Cucumber, tomatoes, pepper and Kalamata olives

## **Pantry Staples**

Soy  
Rice wine  
  
Sesame oil  
honey  
  
Garlic  
Dijon  
Worcestershire  
Soy and rice vinegar  
Panko

## **Breakfast & Snacks**