

## **Dinner List**

1 pound chicken cutlets  
Head of broccoli and red pepper (2)  
Coconut milk  
Lime  
Cashews

Red and green pepper  
Red onion  
Frozen corn (for 2 recipes)  
Corn tortillas  
Enchilada sauce  
Mexican cheese blend

Store made pizza dough  
Pasta sauce  
Mozzarella cheese  
Pepperoni  
Mushrooms  
Romaine

2 chicken breasts  
Chicken broth  
Brown rice  
Black beans  
Cilantro  
Plain yogurt  
BBQ sauce

Mild Italian sausage  
Spinach  
Strawberries  
Pecans  
Feta cheese

## **Pantry Staples**

Soy  
Peanut butter  
Sriracha  
Chili powder  
Honey  
Paprika  
Fresh thyme  
  
Ground ginger and cumin

## **Breakfast & Snacks**

Frozen organic waffles  
Almond meal  
Coconut  
Maple syrup  
Oats  
Almonds, pecans  
Dates, figs