

Dinner List

Box of penne pasta
1 cup of kalamata olives
2 cucumbers
Cherry tomatoes
Feta cheese
Greek yogurt
Fresh dill
Filet of salmon

Hoisin sauce
Lemon
Dijon
Honey
Sesame oil
Soy sauce
Ginger
3 pork tenderloins

Head of broccoli and cauliflower
1 onion
Box of vegetable stock
28 oz can of diced tomatoes
Peanut butter
Naan bread

1 pound of ground chicken
1 lime
1 onion
2 peppers
Pepper jack cheese
Buns
2 Avocados

Pantry Staples

Chili powder
Cumin
Cayenne

Breakfast & Snacks