

Grocery list

Ground beef
Carrots and celery
Tomato soup
Diced tomatoes
Consommé
Barley

Salmon
Spinach, basil and dill
Yogurt
Lemon
Peaches
Cucumber and shallot

Lettuce or spring mix
Corn
Rotisserie chicken
Avocado
Dates
Goat cheese
Pickled onions
Almonds
Bacon

Rice noodles
Eggs
Ground pork
Coleslaw mix
Green onions

Pantry Staples

Thyme, bay

Olive, canola and sesame oil

Garlic and ginger

Cider vinegar, balsamic vinegar, red wine vinegar

Honey

Dijon

Brown sugar

Soy sauce

Chicken broth