

Grocery list

Beef tenderloin

Mini potatoes

Mushrooms

Tomatoes, mozzarella and basil

Onion

Carrots, cabbage, mushrooms

Lo mein noodles

Rotisserie chicken

Jack cheese

Lime

Corn tortillas

Toppings: shredded lettuce, tomatoes, sour cream, salsa and guacamole

Ground beef

Carrots, celery, onion

Diced tomatoes

Tomato soup

Pot barley

Consommé

Chicken thighs

Rice

Coconut milk

Shredded coconut

Green onion, carrots, cabbage

Avocados

Cilantro and lime

Pantry Staples

Thyme, bay leaf, ginger

Olive, canola and sesame oil

Garlic and ginger

Cider vinegar, balsamic vinegar, white wine vinegar

Soy sauce, hoisin and oyster

Sugar