

Grocery List

Cavatelli

Tomatoes, corn, zucchini,

Marinara sauce

Parmesan

Basil

Smoked sausage

Baby potatoes, broccoli, peppers, green beans

Rice for serving

Ground turkey

Shredded cheese

Tortillas

Avocados

Pico

Beef burgers and buns

Spinach

Watermelon, onion, avocado

Goat cheese, I will use feta

Mint

Lemon

Pistachios

Pantry Staples

Garlic, paprika, pepper flakes, oregano, taco seasoning

Olive, canola and sesame oil

Garlic and ginger

Cider vinegar, rice vinegar, white vinegar

Honey

