

Grocery List

- Chicken and burger patties from Lina's
- Corn
- Head lettuce, tomatoes, cucumber

- Beef tenderloin
- Russet potatoes, butter and sour cream
- Mushrooms
- Pumpkin cheesecake ingredients

- Boneless skinless chicken breasts
- Herbs: parsley, cilantro, basil
- Lemon
- Corn, peaches, tomatoes
- Red onion
- Crusty bread

- Salmon
- Rice
- Edamame, mango, cucumber, green onion
- Cilantro
- Ingredients for the teriyaki sauce, I will be using a store-bought sauce

Pantry Staples

Paprika,
Garlic and ginger
Olive oil
Dijon mustard
Red wine vinegar