

Grocery List

- Ground beef
- Onion, celery and carrots
- Consommé
- Tomato soup
- Diced tomatoes
- Barley
- Buns

- Ground pork
- Carrots
- Lemongrass, green onion
- Small tortillas
- Cucumber
- Mint and cilantro
- Lime

- Ground turkey
- Rice
- Pepper and mushrooms
- Green onion
- Cucumbers and lettuce

- Greek yogurt
- Lemon
- Chicken thighs
- Cucumber, tomato, red onion, lettuce
- Pita bread
- Hummus or tzatziki

- Mushrooms
- Green onions
- White miso paste
- Frozen dumplings
- Bok choy or spinach
- Asian noodles

- Salmon
- Avocado, edamame, carrot and cucumber
- Rice for serving

Pantry Staples

- Thyme, bay leaves, oregano, paprika, garlic, ginger,
- Garlic and ginger
- Olive oil, canola oil, sesame oil
- Balsamic vinegar, cider vinegar, rice vinegar, white vinegar, red wine vinegar
- Fish sauce
- Soy sauce
- Chicken stock
- Mayonnaise
- Hot sauce
- Honey