

Grocery List

- Ground sausage
- Kale, onion and carrots
- Chickpeas
- Diced tomatoes
- Chicken broth
- Any small pasta

- Tofu
- Rice
- Avocados, mangoes, cucumber
- Green onions, radishes
- Pickled ginger
- Spicy mayo

- Mushrooms
- Ginger, green onions
- Chicken stock
- Dumplings
- Any Asian noodle
- Hearty green, I will use spinach

- Chicken breasts
- Lime and cilantro
- Red onion, peppers
- Rice and tortillas
- Avocado, salsa, sour cream

Pantry Staples

- Cumin, chili, oregano, paprika, garlic, onion
- Garlic and ginger
- Olive oil, canola oil, sesame oil
- Balsamic vinegar, cider vinegar, rice vinegar, white vinegar, red wine vinegar
- Chicken stock
- Soy sauce
- White miso paste